

In his number one national bestseller, *Dont Sweat the Small Stuff*, Richard Carlson, Ph.D., showed readers how not to let the small things in life drive them crazy. In *Dont Sweat the Small Stuff About Money*, he discusses ways to have a more abundant and thoughtful life, all the while refusing to let financial concerns overwhelm us. Now, in *Dont Sweat the Small Stuff with Your Family*, we see how not to let small annoyances in our home life get us down. From defusing kids who are whining or fighting, to working out issues with a spouse, to reducing the hassles over household chores, Richard Carlson shows us ways to make our relationships at home--the place where it counts most--more peaceful and loving.

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